

**Southern Ontario College of Osteopathy**  
**Advanced Cranial Osteopathy**  
**(Course outline)**  
**23 hours**

1. Theoretical aspects of Cranial Osteopathy including Biodynamic model of osteopathy in the cranial field.
2. Diagnostic principles for the cranial system including cranial rhythmic impulse, fascial and membranous tissues, fluid, spatial organisation, potency.
3. Treatment principles for the cranial system including global, regional and local Point of Balanced Tension with exaggeration, direct technique, disengagement, opposite physiological motion, fluctuation of CSF, recoil techniques.
4. Clinical presentation, osteopathic diagnosis and treatment of somatic dysfunctions in the structures of the cranial system including:
  - Sphenobasilar synchondrosis
  - Occiput
  - Sphenoid
  - Ethmoid
  - Vomer
  - Temporals
  - Frontal bone
  - Parietals
  - Maxillae
  - Zygomatics
  - Palatines
  - TMJ
  - Nasal cavity
  - Paranasal sinuses
  - Viscerocranium
  - Midline
5. Clinical applications of the techniques for infants and adults